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'Stay Smiling': Co-producing an oral health training programme for care homes

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Background:

Training programmes aiming to empower and educate care home staff to provide effective mouthcare to the residents are hugely varied. Whilst there are challenges to provide online training to care home staff, COVID-19 created an opportunity for staff to adapt and utilise digital aids. London's social care workforce expressed a need for oral health training that was relevant, user-friendly and realistic. Co-production is a term that encompasses working in partnership and the sharing of power from those using the services. For co-production to be truly transformative, a relocation of power towards service users is needed. Professionals are required to facilitate solutions rather than 'fix' the problem.

Objectives:

To co-produce a free, online evidence informed oral health training programme for social care teams working in London's care homes.

Methods:

A review of existing oral health online training programmes and evidence base was conducted. A multidisciplinary core working group was established to provide strategic overview to the programme, led by Dental Public Health (DPH). Social care, clinical and technological working groups were created to co-produce the programme. These working groups developed the programme from design to evaluation of the product. Filming of consented residents occurred with the aid of social care staff, clinicians, DPH and Kings College London (KCL). Exemption from ethics approval was granted by KCL research ethics committee.

Results

An interactive, innovative oral health training programme for care home staff was co-produced. This includes eight standalone chapters covering a variety of topics, extra-resources and evaluation questionnaires. The programme will be launched in pilot care homes across one region in London before wider dissemination.

Conclusion:

Care homes are complex and delicate environments, reflected in the challenges faced to provide oral health training. Co-production is a powerful method to integrate oral health training into the social care environment.

Source of funding

A pump grant from KCL was awarded to aid production of the resource.

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